

Lyrics by: Rose DeShaw

Gaggle: Kingston

Tune: A Lot of Livin' to Do

Date written or updated:

Real PTSD (from one who knows)

PTSD now everyone's singin' Just a label for the pain that we feel
We can beat this thing
So many have shown it
There's just a bit of learnin' to do!
Bridge - There's wisdom to share,
People to read, ideas to know
Answers out there - for you and me!
Oh, Life is worthwhile
Don't leave it yet
Happiness - is waiting for you
You can make it too
Come on now - you know it
There's still a lot of livin'
Painfree - honest livin'
Take my word - you've got good livin' to do!